

The Glaven Valley Newsletter



MAY ISSUE 2021

THE GLAVEN VALLEY NEWSLETTER

USEFUL CONTACTS PAGE

<u>Organisation</u>	<u>Contact</u>	<u>Telephone</u>
Badminton	Mick Finn	01263 715681
Blakeney Area Historical Society	Diana Cooke	01263 740320
Blakeney Bridge Club	Barbara Bent	01263 741508
Blakeney Channel Coastal Community Team	Alban Donohoe (Chair)	01263 741600
Blakeney Carpet Bowls	Richard Millward	01263 740807
Blakeney Cubs & Beavers	Martin Pearman	01263 741437
Blakeney Coastal Rowing Association	Dr Victoria Holliday	01263 740348
	Club Captain: Humphrey Borgnis	07542 371469
Executive Committee, Cubs & Scouts	June Preston (Secretary)	01263 740410
Blakeney Harbour Association	Charlie Ward	07771 597985
Blakeney Ladies Lunch Club	Val Cox	01263 741653
Blakeney Neighbourhood Housing Soc.	Madeleine Collett (Secretary)	01263 741971
Blakeney Parish Council	Tracey Bayfield	01263 741106
Blakeney Pre-School	Marny Ryder	01263 740925
Blakeney Primary School	Head	01263 740531
Blakeney Royal British Legion	Gary Mears	01263 741018
Blakeney Players	Joss Wiggins (Secretary)	01263 861529
Blakeney Sports Club (inc Tennis)	James Cowen	01263 740704
Blakeney Sailing Club	Jane Armstrong (Secretary)	01263 741355
Blakeney Village Hall Trust	Richard Baughan	01263 741158
Coastal Rowing Club	president@blakeneyrowing.uk	
Cley Village Hall	Gunhild Espelage	01263 740186
Cley Parish Council	Clerk: Mrs Gemma Harrison	01263 513269
Cley WI	Amanda Allen	01263 740705
County Councillor	Dr Marie Strong	07920 286597
Glaven Caring	Keith Barnes	01263 740762
Holt Area Caring Society (Vol Car Service)	Peta Benson	01263 711243
Holt & District Dementia Support	Claire Roberts (Chair)	01263 713817
Letheringsett Village Hall	Louise Stevens	01263 713857
Norfolk Wildlife Trust	Andrew Clarke	01263 712282
North Norfolk Photographic Society	Judith Wells	01328 710181
Scottish Dancing	Tim Bent	01263 741508
The Friends of St Nicholas', Blakeney	Trisha Temple-Crowe	
The National Trust	TBC	
Wiveton Parish Room	Andrea Beal	01263 740591
SAFER NEIGHBOURHOOD TEAMS	0845 4564567
DOCTORS' SURGERIES	Blakeney & Holt	01263 712461
HOSPITALS	King's Lynn	01553 613803
	Norfolk & Norwich	01603 287324
CROMER MINOR INJURIES UNIT	Cromer	01263 513571
DENTISTS	Holt	01263 712335
	Wells	01328 710183
VETS	Holt	01263 713200
	Fakenham	01328 862137
	Wells	01328 711022
HOPPER BUS	Traveline	0871 2002233

UPDATING - I would like to keep this list up to date, so please could you let me know of any changes or additions. (Even if you're not the secretary of an organization, if you are reading this and know of any changes, please do contact me: email editorgvn@gmail.com)

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THE GLAVEN VALLEY NEWSLETTER

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JUNE ISSUE DEADLINE

Copy for the June Issue must be received **by the 15th May** at the latest.

Either via email, post or hand mail to:

editorgvn@gmail.com

GVN Post Box at 12 The Cornfield, Langham, Nr Holt, NR25 7DQ.

GVN Web Address

<https://glavenvalleynewsletter.weebly.com/>

****CHECK OUT FOR EXTRA ITEMS****

**The Editor does not necessarily agree with
views expressed by correspondents.**

Treasurer's Report

Hopefully those who rely on a hard copy of the GVN will have a copy in their hands when reading this! We want to thank all of our readers and advertisers who have stuck with us while we have been reduced to an e-version only and continued to make donations and pay invoices over the last few months. Hopefully we will be able to continued hard copies from now onwards.

Donations can continue to be made either by:

- Send cash or cheque to the Treasurer, Stonebridge House, Bridgefoot Lane, Wiveton, Holt NR25 7TP (cheques payable to Glaven Valley Newsletter)
- By making an online transfer or setting up a standing order to us (Sort Code 30-94-34 Account 00897099)
- or by using the form below and sending it to your bank to set a standing order up

*Many thanks for your support
Martin Tyler
Treasurer, Glaven Valley Newsletter*

Standing Order Mandate

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For the credit of	Glaven Valley Newsletter	
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Regular Amount (In figures)		
Starting on (enter date of first payment)		
Frequency Delete as appropriate	Monthly / Annually	
	And continue until cancelled by me in writing	
Signature		
Date		



Shirehall Plain
Antiques Centre

Unfortunately, we are closed due to the lockdown, but are excited to reopen soon!

Find us at:

2c/2d Shirehall Plain, Holt, NR25 6HT

Open Monday to Saturday

10am to 5pm, and

Sundays - 11am til 3pm


from *Easter to Christmas only*

And visit our Facebook page at:

[facebook.com/ShirehallPlainAntiquesCentreHolt](https://www.facebook.com/ShirehallPlainAntiquesCentreHolt)

Or contact Mandy Allen at 07876 254173

if you're looking for something in particular, and we'll send you photographs of specific items.



*Blakeney Antiques
& Collectors Fair*

Blakeney Village Hall,
Langham Road, Blakeney.

Every 2nd and 4th Sunday of the month,
10am to 4pm.

A small and friendly fair with 24 individual dealers offering a wide range of antiques and collectibles.

Free parking and cafe on site.

Currently closed due to the lockdown.

For further information
please visit our Facebook page
[facebook.com/BlakeneyFair](https://www.facebook.com/BlakeneyFair)
or call Mandy Allen - 07876254173.

THANK YOU

It's great to be back with a hard copy of the magazine after these last few dreary, restricted, winter months.

Getting a GVN to your door is entirely due to the voluntary work by all the printers, collators, assemblers, staplers and deliverers who give so generously of their time.

A big "Thank You" to all those involved: this month and - hopefully - for all those to come...

Oscar Haynes

THE GLAVEN VALLEY NEWSLETTER ADVERTISING RATES FOR 2021

Monthly Advertising

Advertising rates for the 'white pages'
per issue are as follows:

Local Charities & Not-for-profit Organisations (Charity Rate)

Up to ¼ page FREE
½ page £16.50
A4/full page £27.50

Local Businesses & Non-Local Charities

one eighth page £16.50
¼ page £22.00
½ page £38.50
A4/full page £70.00

Non-Local Advertising (outside the Glaven Valley area)

one eighth page £22.00
¼ page £27.50
½ page £55.00
A4/full Page £110.00

Advert Directory (Yellow pages)

This advertising is very reasonably priced
and spaces are now available. The Advert
Directory is annually based.

For further information,
please contact the Editor:

Email:

editorgvn@gmail.com

Mobile: 07983 287088



Blakeney

Coastal Rowing Association of Blakeney

Members of your local rowing club have participated in some truly memorable outings recently. It's great to be back on the water! At this point in time, crews take out *Hoi Larntan* from Barton Turf and venture around the Broads whilst *Bluejacket* can be rowed from the Carnser towards the Point. The variable weather during April did not detract from the enjoyment and it was particularly encouraging to see new rowers come along to experience the fun of the sport. Once again, see a range of pictures on the club web site at crablakeney.wordpress.com, on Instagram and on Facebook. These photographs will give you a flavour of the club's activities.

Interest in the sport of skiff rowing is spreading. On Saturday 10th April, representatives of the club met with members of the Norfolk Punt Club who experienced a "test run" in one of the skiffs. Apart from experiencing the pleasure of rowing, this was with a view to the Punt Club undertaking the exciting project of building their own skiff.

There is an interesting structure to this season as activities resume after the layoff with its disruption to organised national and international events. There will be five-mile, timed rows undertaken by individual rowing clubs in their own areas. Times will then be collated centrally. This format will cover the Castle to Crane row on 7th May, 9.45 am at Barton Turf; the Ocean to City Race on 5th June, 2.45 pm at Blakeney; and the Welsh Sea Rowing Races on 9th July, 6 pm at Blakeney. Such ventures were successfully organised last year. The experience gained bodes well for the above times rows. Read future newsletters for details concerning club performances in these events.

If you are interested in joining or supporting Blakeney Rowing Club, or perhaps you wish to try a new sport in the future, then phone club captain Humphrey on 07542371469

for further information. Find out how you can be a part of the important community activity of rowing. All types of experience will be welcome. Join in, meet some interesting people and enjoy exercise as well as sparkling conversation amidst beautiful, unspoiled scenery. You will be looked after.

Best wishes and stay safe.

Barry Howes

Blakeney Sailing Club

We had a great start to the season starting Easter weekend. We needed to wrap up warm! Some sailors in dry suits, some in wetsuits and many layers. Then Easter Sunday treated us to a beautiful sunny day, however there was not much water.

The Dinghy Park is looking beautiful and well kept. It is filling up fast. There is a cordoned off kayaking area, a fantastic looking shed and a fabulous new notice board.

Keep looking up the results on the Blakeney Sailing Club website and Facebook and some photographs on Blakeney Sailing Club Instagram.

We are excited to get started! Come and have a Flotilla sail and a distanced coffee or enquire on the website or the Facebook page if you would like to get involved.

Amy Howes

The following are the dates and times for Flotilla Sailing events for April and May:

Friday April 16th 08.45
Thursday April 29th 07.45
Friday May 14th 07.45
Monday May 24th 16.30
Monday May 31st 09.30

Come along under sail, motor or paddle, to enjoy being on the water in the company of others. We will have the benefit of the patrol boat and crew for assistance. Bring a snack and a hot drink as we like to stop somewhere in the harbour for refreshments, and the times given are the times we set off.

Any queries please contact me.

Eleanor Sidgwick

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07833123528

emsidgwick@gmail.com



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Thistleton Court, Blakeney
Contact us on 01263 740762**

BLAKENEY NEIGHBOURHOOD HOUSING SOCIETY

BLAKENEY PARISH COUNCIL -
www.blakeneyparishcouncil.org.uk

Your Local Housing Society is looking for a new Treasurer/Bookkeeper to take it on beyond its 75 years of existence. Over the years, the Society has greatly benefited from successive volunteers stepping up to perform these vital roles. The Neighbourhood in our name applies to both housing and to the fact that our Volunteer Support can and does come from even further afield.

Please email us at the following address if you think you might be interested in joining our team and we can explain in more detail what the role or roles might entail. It might be that two people could take on one aspect each. Our present Treasurer has kindly agreed to remain in post for a while in order to ease his successor(s) into either or both elements of it.

John Seymour, Chairman
Contact: secretary.bnhs@gmail.com

BLAKENEY PLAYERS SUMMER SHOW

Stand and Deliver!

Please save these dates in your diary.
Thursday 15, 22, 29 July and 5
August.
Supper Show Saturday 24 July.

We hope to be able to put on a
summer show.

Currently we do not know what
restrictions will be in place.

We will have a new box office with
details to follow.

It will be a show of music and
merriment and tulips and masked
villains and politics and trade with
Europe with laughs aplenty for all the
family.

Keep fingers crossed.



Residents Car Park Permits – 2021/22

Those of you eligible for the Carnser Residents Permits (a permanent resident on the electoral roll for Blakeney & only property owned) and the Coronation Car Park Residents Permits (a permanent resident on the electoral roll for Blakeney, only property owned, has to be a High Street address, which has no parking of its own), are advised that they are ready for distribution now. The current permits expire on 31st March 2021, and it is your responsibility to ensure that you display a current permit at all times.

In order to determine genuine permanent residents, you must produce a copy of your most recent Council Tax Bill from North Norfolk District Council. The information provided on this, will determine whether or not you are eligible for a free permit.

Due to COVID, the Parish Office is currently closed to the public, however, you can still drop the required information through the letterbox or in an email, i.e., name, address and copy of Council Tax bill, and vehicle registration details. All Council Tax bills, will be shredded/deleted unless you ask for them to be returned. Please ensure that you leave your contact email, or phone number, just in case further information is required.

Extracts from the virtual meeting of **Blakeney Parish Council** which was held on **Tuesday 6th April 2021**.

District Councillor – There is now a vacancy for this position, the by-election will take place on 6th May 2021.

Planning – PF = Full Planning Permission, PM = Planning Permission – Reserved Matters, LA = Alteration to Listed Building.

Planning Applications – (for full details, please visit the NNDC website.)

PF/20/1347: Re-consulting – *Proposal; Variation of condition 5 (Caravan occupancy period restrictions) to planning application ref: PF/19/0768 (Change of use of land (paddock) to enable the relocation of an existing static caravan business), to permit caravans to be occupied from 20 March to 2nd January in any one year for holiday occupation at, Grimes Caravan Site, (Galley Hill House) Langham Road, Blakeney. Object.*

PF/21/0705 – *Proposal; Two storey rear extension at, 26 Langham Road, Blakeney. No objection.*

PF/21/0746 – *Proposal; Single storey extension to outbuilding at, Robin Lodge, 25 The Pastures, Blakeney. No objection.*

PO/20/1100: Re-consulting – Proposal; Construction of Farm Manager’s dwelling (outline planning permission – all matters reserved) at, Land to East of New Barn Farm, Saxlingham Road, Blakeney. Object.

PF/21/0692 – Proposal; Erection of one and a half storey detached dwelling (part retrospective) at, 8 Langham Road, Blakeney. Object.

RV/21/0792 – Proposal; Variation of condition 2 (approved plans) of planning permission PF/21/0023 to allow for lowering of height of the building at, The Coast House, Back Lane, Blakeney. No objection.

Traffic Management Plan for the ‘Kimberley’, New Road, Blakeney, development. Members were in receipt of this updated document, and *resolved* to raise the following points/concerns; i) item no. 3.3.2. – we would prefer to see no obstruction during school times, ii) item no. 4.2.1. – we would ask where the waiting area outside of the village would be, iii) 5.3. – we have consistently and explicitly told the developer that parking (stopping) on the A149 would not be acceptable. As an aside, we would question if NCC are aware that the entrance to this site has been widened and thus part of the verge incorporated now within this development.

PF/21/0810 – Proposal; Detached garage with room within roof space to front of dwelling; single storey rear extension to dwelling and external alterations including replacement windows and render and timber cladding finishes over external brickwork at, Navestock, Cley Road, Blakeney. Object.

PF/21/0842 – Proposal; External alterations to dwelling including replacement of windows to rear with bi-fold doors and enlargement of rear dormer; enlargement of window opening in east elevation of detached annexe at, Ruberry Cottage, Back Lane, Blakeney. No objection.

PF/21/0865 – Proposal; Upgrading of vehicle access to Wiveton Road including new double entrance gates and reinstatement of single pedestrian gate within boundary wall to Wiveton Road at, Woodpecker Cottage, 4 Wiveton Road, Blakeney. Object.

FINANCE

Accounts totalling £30,414.96 were approved.

Clerk/RFO Report -

‘Darkside Running’ had approached ‘Norfolk Trails’ (Coastal Footpaths) to advise of their intention to start a small ultra-marathon off from Blakeney Quay (heading west along the Norfolk Coast Path towards Morston and beyond) on the 12th June 2021 starting at 2:30pm. Expected to be 40 – 50 runners and the race start may be a rolling start to avoid any gathering/congestion of people. We have asked to see the Event ‘Covid Risk’ Management Plan’ and questioned why this event is taking place ahead of the 21st June, given the ‘Covid roadmap’ and the narrowness of these popular public footpaths.

Our application to the Norfolk County Council ‘Parish Partnership Award Scheme’ for £1,500 (to be match funded) for improved traffic management signage, via a simple Westgate Street/egress route signing review was successful, and the project will be allocated to a designer at NCC to put into their programme of work, and then they should be able to provide us with a timescale. Our thanks to NCC, Marie Strong (County Cllr) and Steve White (Highways Engineer) for their continued support.

We have renamed the Finance Committee to ‘Finance & Governance Committee’ in order to include the routine review of various policies and governing documents, such as Standing Orders, Financial Regulations, Risk Assessment etc, which in turn will take some of the pressure of the full council meetings.

We will install 2 additional wooden **Pedestrian Posts** at the other pedestrian access point by the toilet block in the village hall car park and remove the plastic traffic cones from this spot.

A new **Defibrillator** for placement outside of the Parish Office has been ordered. This will be the second defib in the village, the first being near to the ladies’ public toilet block on The Quay. We will advise when the new one has been installed and has gone ‘live’ and is ready for use. (Remember that you do not need to be a qualified first aider to use these, and in the event of a cardiac arrest, they could just help to save a life, the voice-controlled unit tells you what to do. We will share more information as a general refresher soon.)

Visitors reading this, will be pleased to know, that we are working hard to upgrade the Pay & Display machine in **Coronation Car Park** so that it takes contactless (card) payments. We will let you know as soon as this change has taken place, in the meantime it remains coin only.

Committee/Rep Reports – updates were received as follows;

- Electric Vehicle Charge Points – Blakeney Garage – Options are being considered to place charging points in the Village Hall Car Park and a full detailed report is due to be received for further consideration.
- Blakeney Traffic Matters Working Group – There are a number of actions to be undertaken from our last meeting, which involve some research and then further discussion by the group, which in turn will make recommendations to Full Council.
- Dinghy Park Committee – The park was prepped ahead of the new season, with a new larger area for kayaks. The terms of reference for the committee will shortly need to be reviewed by BPC due to an increase in numbers.

We are (in principle) happy with the 2021 dates for the visit of **Gray’s Funfair**, (17th August, departing on the 22nd August) however the visit would have to be compliant with the Government Covid Guidelines at the time which govern travelling funfairs, and they will need to provide BPC with their ‘Covid Risk Assessment Management Plan’ for

consideration.

Indeed, any group wishing to use Parish Council land for an event will need to submit a 'Covid Risk Assessment Management Plan' to the Parish Council for consideration, before permission may be granted. This should take into account the guidance at the time.

A Working Group consisting of Alban, Iain, Rosemary and Barry will take forward the **Heritage Boards** project.

We will seek advice and obtain quote(s) to cut a trod/footpath into either the east or the west verge of **Langham Road** from the end of Harbour Way so far as the start of the bridleway to 'Kettle Hill'. (East is the preference as a route has already been trodden to a degree.)

We have approached NCC to ask for the widening of the **trod/footpath by the Duckpond/Manor Hotel**, in order for safe access wheelchairs etc.

We accept the Public Space Protection Orders (PSPSs) Review & Consultation: **Dog Restrictions** on Beaches, Promenades and Wider District from NNDC. We note that Blakeney had a sign erected on The Quay sometime within the last 12 months or so, and have asked for confirmation that it is in line with these restrictions.

Along with Cley Parish Council and CPRE (Campaign to Protect Rural England) we will continue to share the importance and impact of the **Dark Skies Policy** and would ask that everyone reads the article elsewhere in this edition or to view the full colour version in all its glory, please go to www.blakeneyparishcouncil.org.uk where you can find the policy or you can find it via the April online edition of the Glaven Valley Newsletter. In addition to this will be forwarding a copy of the policy to a number of properties, which have raised concerns with members of our community, and ask that they review the current lighting options at their property. We thank everyone in advance for their support. Small changes make a big difference, and we can all play our part.

In order to protect our staff, council members and individual members of the public, any concerns over possible **Planning Breaches** made to the Clerk or an individual Cllr will be brought to the attention of the Parish Council under the confidential section of the agenda for us to collectively consider whether they should be forwarded to NNDC for their consideration, i.e., BPC will be the reporting body. (BPC will not determine whether or not there is a breach, that role belongs to NNDC).

Resumption of BPC Meetings – As things stand our next meeting is the AGM due to take place on Tuesday 4th May 2021 via zoom commencing at 7pm, this will be followed immediately after by the monthly Full Council meeting.

As things currently stand the Full Council meeting on the 1st June, looks set to be a return to in person face to face meetings. Details will however, be confirmed in next month's report.

YOUR SERVING PARISH COUNCILLORS ARE: -
Rosemary Thew – (Chairman) – 740555 – Moonraker, Back Lane
Jenny Girling (Vice-Chairman) – 740792 – 11 Queens Close
Samantha Arlow – 741297 – 40 Langham Road
Jane Armstrong – 741355 – 39 New Road
Alban Donohoe – 741741 – Ivy House, Back Lane
Shirley Everett – 740819 – Southside, 87 Morston Road
Barry Girling – 740792 – 11 Queens Close
Edward Hackford – 740616 – Spring Cottage, Langham Road
Nigel Sutcliffe – 741714 – Dallinga, 71 Morston Road
Jess Tutt – 01328 830973 – 37 The Cornfield, Langham
Iain Wolfe – [REDACTED]

Those interested in planning matters, should keep an eye on the NNDC website at the moment as a first resort and respond direct to NNDC with any objections/comments/support but by all means copy the Parish Council in, but please do note the deadlines.

ANNUAL PARISH MEETING 2021

This year an altogether different experience, in terms of venue,

time and format!

Wednesday 5th May 2021 – 6pm via 'Zoom' the virtual meeting platform.

(Waiting room opens at 5:45pm)

All electors on the current Register of Electors for the parish of Blakeney are invited to join us for this meeting.

*Members of the public, (i.e., those who are not local government electors of Blakeney) are also entitled to attend, but have no right to speak or vote on any matter.

Attendees are also reminded that this is not a meeting of Blakeney Parish Council. Should a '*vote be called for upon any item on the agenda, then the decision of said vote is not binding upon the Parish Council. It would however, be reported back to the Council.

The agenda will be published on the noticeboard and website in due course, however, there will be a brief update on **The Blakeney Neighbourhood Plan**, by Sam Curtis, the Chairman of the Group and a number of other 'usual' reports, i.e., Blakeney Neighbourhood Housing Society, St. Nicholas Church, Blakeney Parish Council etc.

This year you will have to make your own cuppa I'm afraid, and then simply join via the link which will be shown on the agenda.

If having seen the agenda, (nearer the time) you know that you wish to speak, then please contact the Clerk in advance by email: clerk@blakeneyparishcouncil.org.uk or by calling 01263 741106 as a list of names will be compiled having first checked the electoral register. Many thanks.

The North Norfolk Sustainable Communities Fund (formerly known as the Big Society Fund) is provided by North Norfolk District Council to help build strong sustainable communities in the district. It aims to help communities to develop new and innovative projects which will improve their environmental, social and economic wellbeing.

The fund is open to applications throughout the year, although to ensure your application is eligible to go through for consideration to the June **2021 Grant Panel**, only applications received by **Monday, 10th May** which are fully completed, signed, and accompanied by all the requested supporting documentation will be accepted

Prior to completing an application, **please ring Sonia Shuter on 01263 516173** to discuss the potential application.

There are now 2 ways an application can be made to the fund;

- Applications for grants under £1,000 and
- Applications for grants between £1,000 and £15,000.

Copies of The Application Forms, Guidance Notes on how to complete the form and the Independent Referee form can be downloaded from the North Norfolk District Council Website at <https://www.north-norfolk.gov.uk/NNSCF>

***Please Note** – The forms need to be downloaded and saved prior to entering information and should not be converted to another format.

Completed applications including all supporting documentation are to be sent to supporting.communities@north-norfolk.gov.uk .

CPRE Norfolk Awards 2021

Do you know of a local group, parish council, school or business that has gone the extra mile to make a difference for the countryside in Norfolk? Nominations are open for this year's prestigious CPRE Norfolk Awards. The awards recognise exceptional projects which celebrate and enhance the quality of country life in beautiful Norfolk. Award categories are: Sustainable Rural Living; Countryside Champions; Digging Deep; and Good Lighting Design. Find out more here: <https://www.cprenorfolk.org.uk/awards-2021/> . The 2021 CPRE Norfolk Awards are sponsored by Brunswick Investment Management and entries can be made up to 28th May 2021.

Pieces of the Passion

Those, during the last year, trying to work at home while fending off their not-at-school children will sympathise with Johann Sebastian Bach. Scratching out, with quill and ink, some of the world's greatest music, he had to shut himself away from his 16 children. Among the most famous are the St John and St Matthew Passions which dramatize the gospel texts leading up to Christ's crucifixion. During Bach's lifetime, they were performed on alternate Good Fridays in Leipzig's two main churches. The former was first performed

297 years ago, but later revised, and the St Matthew three years later. They fell out of fashion after Bach died but began to be revived from 1815, most famously by Mendelssohn who conducted the St Matthew in 1829.

Rather surprisingly for a Lutheran, Bach also wrote a full Latin Mass. The Glaven Valley was lucky that Angela Dugdale conducted the two Passions and the Mass on many successive Good Fridays until Covid put a stop to choral singing. They were wonderful but our luck continues. This year, Julian Godlee, accompanied by Brenda Blewett, performed arias from these three-great works for each day of Holy Week, concluding with two spirituals for Easter Day. The Blakeney church acoustic provided beautiful context. They should still be available on <https://youtu.be/t21QmYOgrO8>. Do download them if you have not heard them.

Easter is the most important day of the Christian year; it is Christianity's raison d'être and could only have arisen from the dark events of Maundy Thursday and Good Friday. Britain today is less Christian than 300 years ago though the churches do fill up on that day. Given that we are rightly concerned these days about mental health, we may choose to benefit from the therapeutic value of great music which has been recognised for hundreds of years. Robert Burton prescribed music as a treatment for melancholy in the 17th century.

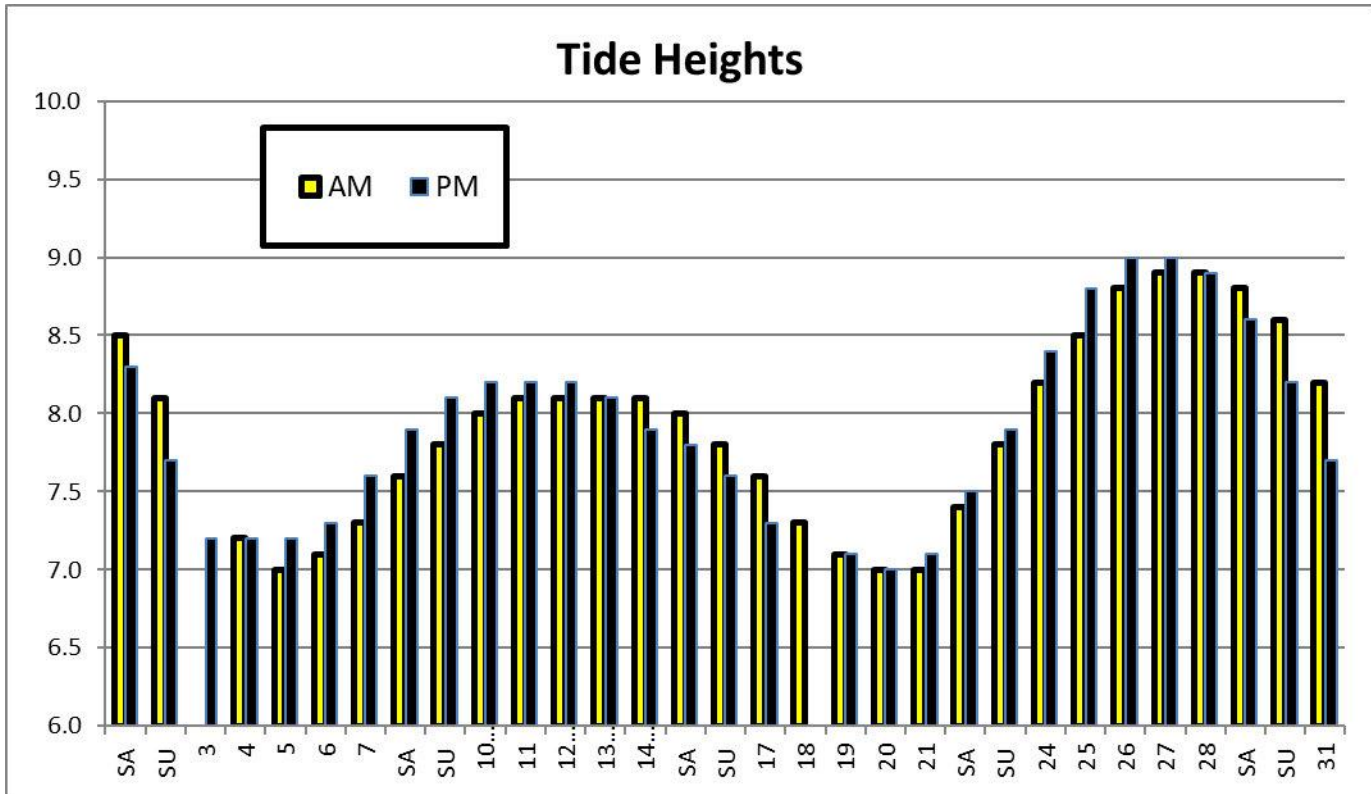
One cannot but be moved by Bach's music as brought to life by Julian's gloriously rich, deep tessitura and Brenda's delicate counterpoint. Whether it strengthens one's faith or uplifts one's state of mind, or both, Julian and Brenda have given us a tonic. Never mind the music is almost 300 years old; it is uplifting. We should be grateful to them both.

Tim Ambler



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May 2021 Tide Details



Tide Times

	AM	PM		AM	PM
Sat 01 May	10:25	22:55			
Sun 02 May	11:10	23:50			
Mon 03 May		12:04	Mon 17 May	10:36	23:20
Tue 04 May	01:09	13:21	Tue 18 May	11:19	
Wed 05 May	02:45	14:46	Wed 19 May	00:13	12:12
Thu 06 May	04:00	15:55	Thu 20 May	01:20	13:20
Fri 07 May	05:03	16:54	Fri 21 May	02:38	14:41
Sat 08 May	05:53	17:43	Sat 22 May	03:51	15:57
Sun 09 May	06:33	18:26	Sun 23 May	04:50	16:58
Mon 10 May	07:05	19:05	Mon 24 May	05:41	17:52
Tue 11 May	07:34	19:41	Tue 25 May	06:28	18:42
Wed 12 May	08:01	20:15	Wed 26 May	07:13	19:32
Thu 13 May	08:31	20:49	Thu 27 May	07:57	20:20
Fri 14 May	09:01	21:23	Fri 28 May	08:41	21:09
Sat 15 May	09:31	21:58	Sat 29 May	09:25	21:58
Sun 16 May	10:02	22:36	Sun 30 May	10:09	22:48
			Mon 31 May	10:55	23:45

News from County Cllr Dr Marie Strong
Marie.strong@norfolk.gov.uk- 07920 286 597

Dear residents of 'my' parishes

It has been a privilege and pleasure to be your county councillor for these past 12 years and I must confess I am sad it comes to an end.

You have joined me in many tasks and challenges, whether related or not specifically to your parish. I have not yet completed the list by any means but it includes:

- Flood Sirens, Better Broadband for Norfolk, Mobile phone reception, DAB, Coasthopper, Shoreline Management Plan, Marine Conservation Zone, Wells Field Study Centre, pub is the hub, mobile libraries etc etc

And the innumerable but less publicised projects important to all of us who live in the division.

Mike and I remain in Wells and will continue to visit the lovely parishes which constitute what I will always think of as my division. (I will keep up to date with my copy of the GVN – with many, many thanks to Lorraine for her support and patience over these years.)

Looking forward to 'bumping' into you.

(A few notes below hopefully of interest)

Marie

*Until Thursday 6 May:
County Cllr Dr Marie Strong
Wells Division*

COVID-19 grant scheme extended: A grant scheme which has provided support with food and bills for vulnerable households during the pandemic has been extended – renamed the [Covid Local Support – renamed S-scheme, extended until 20 June with a further £40 million allocated](#). This is to provide [much-needed support to low income households at risk of poverty](#) and financial hardship Councils will, for example, be able to provide further targeted support to families entitled to free school meals during the May holiday

Remote meetings: There has been considerable concern in some towns and parishes that remote meetings must soon come to an end. However as you know a judgement will be made on 21 April (news out probably by 27th) as to whether they can continue. What follows is an extract from the Chair of the Local Government Association's letter:

'.... Secretary of State, Robert Jenrick, confirm that MHCLG will be supporting the legal action taken by Hertfordshire County Council, Lawyers in Local Government and the Association of Democratic Services Officers to allow councils to continue remote meetings. this action is also supported

by the LGA, the National Association of Local Councils and 74% of local councils. The Secretary of State recognised the importance of councils being able to meet remotely – if remote meetings continued, there was a need to ensure transparency, openness, scrutiny of these meetings'

COVID-19 Information: Keep these websites which will enable you to check for regular and reliable updates:

Information on the national tiers is available at <https://www.gov.uk/guidance/local-restriction-tiers-what-you-need-to-know>

www.norfolk.gov.uk/coronavirus: this site includes local services as well as the latest regulations for Norfolk and reference to many if not all of the government schemes

www.gov.uk/coronavirus: all the government schemes are to be found on this site

Project Gigabit: I am repeating this piece because it is so very important and remains the most exciting piece of news regarding broadband since I campaigned with you for 'Better Broadband for Norfolk'. Whilst many, many people have good broadband due to BBfN too many still struggle but now one million hard to reach homes and businesses will have next generation gigabit broadband in the first phase of a £5 billion government infrastructure project. If your broadband is a problem hopefully you can access the following link: <https://www.gov.uk/government/news/government-launches-new-5bn-project-gigabit>

EXTRA ITEMS GVN ONLINE

<https://glavenvalleynewsletter.weebly.com/>

Lighthouse Project Free Suicide Awareness Training and Other Support



Thoughts from the Rectory For May 2021

I was very impressed to read (13 April) that French MPs have just voted to suspend domestic airline flights on routes that can be travelled by direct train in less than 2½ hours, as part of a series of climate and environmental measures. That's a bold move, and I'm sure it won't be popular in all quarters. But it's one example of the sort of radical and creative changes that are going to have to be made, if we're going to rise to the challenge of climate change. The truth is that we're all going to have to make sacrifices, and accept some inconveniences, if we want to prevent the worst effects of what's already happening. As has often been said, we in the rich countries have done the most to create this crisis, but it's those in poorer countries who are already suffering the most because of it, through extreme weather patterns, droughts, flooding and all the rest.

All of us, I'm sure, are concerned about this issue, and care deeply about our environment. How can you not be, especially in this beautiful part of the world?! And for those of us who are Christians, or members of other faiths, this is also a spiritual matter (as everything is), because we're called both to protect and cherish God's wonderful creation, and also to look after the vulnerable. Interestingly, the Church of England has committed itself to a target of being carbon-neutral by 2025, which is itself very ambitious. Here in the Glaven Valley Benefice, we're trying to do our bit. We've registered our churches with Eco Church, which is an organisation that exists to help churches become greener in various ways, including energy consumption, churchyard use, life-style, and so on. It's only the beginning of a journey, but it's a start.

As I'm writing this in mid-April, the blossom is bursting out, the insects are proliferating, and the birds are going mad, and right now, the sun is shining! What a fabulous time of year Spring is! I'm aware once again how stunning our world is – and how fragile. Let's encourage each other as we look after this amazing world together.

Happy May!

Richard

Services – Live & Streaming

We'll continue to monitor the situation, but at the time of writing, we're still asking everyone to pre-book places for the weekly 9.30 service at Blakeney, because of Covid. This service is also available on our "St Nicholas Church Blakeney" Youtube channel.

https://www.youtube.com/channel/UC136-AnLk8jNoBAw3b9kV_g/videos?view=57

Please keep checking the website, where you'll find details of all services, and links where needed:
www.glavenvalleychurches.org.uk
As ever, all welcome!

Plenty more information is available on our benefice website: www.glavenvalleychurches.org.uk

Or do contact me on:
revrichardlawry@gmail.com or by phone on 740686, if you need information, advice or help. Other contact details are also on the website.

Anthem

The birds they sang
At the break of day
Start again
I heard them say
Don't dwell on what has passed away
Or what is yet to be

Ah, the wars they will be fought again
The holy dove, she will be caught again
Bought and sold, and bought again
The dove is never free

Ring the bells that still can ring
Forget your perfect offering
There is a crack, a crack in everything
That's how the light gets in

We asked for signs
The signs were sent
The birth betrayed
The marriage spent
Yeah, and the widowhood
Of every government
Signs for all to see

You can add up the parts
But you won't have the sum
You can strike up the march
There is no drum
Every heart, every heart
To love will come
But like a refugee

Ring the bells that still can ring
Forget your perfect offering
There is a crack, a crack in everything
That's how the light gets in

Leonard Cohen 1934 -2016



MAY 2021 SERVICE SCHEDULE

NB – because of ongoing restrictions, this is not the full pre-Covid schedule

SUNDAY 2nd	<i>Easter 5</i>	
8.00	Holy Communion (BCP)	Wiveton
9.30	Holy Communion (CW) <i>[live-streamed]</i>	Blakeney
6.00	Taizé	Cley
Wed 5th	Holy Communion (CW) 10.00am	Cley
SUNDAY 9th	<i>Easter 6 [start of Christian Aid Week]</i>	
9.30	Praise and Worship <i>[live-streamed]</i>	Blakeney
11.15	Holy Communion (BCP)	Glandford
6.00	Service of Contemplation	Wiveton
Thur 13th [Ascen. Day]	Holy Communion (CW) 10.00 <i>[live-streamed]</i>	Blakeney
SUNDAY 16th	<i>Easter 7</i>	
9.30	Celtic Communion <i>[live-streamed]</i>	Blakeney
9.30	Morning Prayer (CW)	Letheringsett
Wed 19th	Holy Communion (CW) 10.00am	Cley
SUNDAY 23rd	<i>Pentecost</i>	
8.00	Holy Communion (BCP)	Cley
9.30	Holy Communion (CW) <i>[live-streamed]</i>	Blakeney
6.30	Evensong	Glandford
SUNDAY 30th	<i>Trinity</i>	
11.00	Benefice Communion <i>[live-streamed]</i>	Blakeney

CW - Common Worship; BCP - Book of Common Prayer (1662)

Cley

Cley Parish Council's Chairman's Report April 2021

Cley Parish Council was deeply saddened by the news of the death of Prince Philip. He has been such an important figure in our lives and all of us have benefited hugely from his tireless life of service. He will be greatly missed. We extend our most sincere sympathy to Her Majesty the Queen and the Royal family, and wish them all the very best at this most difficult time. Our thoughts and prayers are with them. We were sent a report by the Environment Agency (EA) in lieu of a presentation at our April Parish Council meeting, which we thought you might find interesting:

Cley Boardwalk:

The vegetation within the marsh has been cleared as part of the water vole mitigation, ready for the realignment of the ditch. The alignment of the boardwalk has been set out along the wall using blue posts. The work is planned to finish by the end of April.

Glaven Outfall Bank Footpath Repairs:

This work is almost complete. The final section at Artemis Café and the steps towards the road, will be completed after the boardwalk has been completed.

Reed Cutting:

The EA have met with the landowner and the reed cutters on the western side of the River Glaven to reassure them regarding access to the reed bed, and are working with them to agree the best way forward for all parties.

Cley Tidal Gates De-silt:

The tidal gates have recently been de-silted to allow them to operate correctly. They will be due for their next de-silt around September 2021.

Cley Catchwater De-silt:

The EA has been working closely with contractors to work out the best way forward to de-silt the channel between Cley Catchwater Sluice (Beach Road) and the River Glaven (just downstream of the tidal gates). The EA now has to apply for a new assent from Natural England to allow completion of this de-silt.

Glaven Outfall Sluice:

The primary purpose of the Glaven Outfall Sluice is as a water level control structure, as opposed to a flood defence structure. It is currently operational in an emergency situation. The EA has completed minor repairs to the asset to allow this to happen, however we are still working on resolving the long-term future of this asset. In the meantime, the main method for controlling the water levels on the Blakeney Freshes will be to operate the two penstocks at the downstream end of the Cley-Blakeney Drain. Landowners within Blakeney Freshes are also able to work together and

operate their privately owned structures within the marsh to help manage the water levels to the required levels.

Other concerns:

During vegetation clearance works for the boardwalk a few years ago a bund was created within the marsh infilling part of an existing channel. Unfortunately, due to the length of time the bund has been in place, and because of water voles, the EA is unable to remove the bund as part of the ongoing boardwalk project. To remove the bund there would need to be water vole mitigation measures in place and the window has been missed for this year. The EA will look into this issue and, if required, complete the work at a more suitable time of the year.

If you have any questions please contact Hannah Borrett on 020302 55399 or Hannah.borrett@environment-agency.gov.uk.

By the time you read this, you should have been sent the Traffic Management consultation document about parking in the High Street, village gates and possibly additional speed cameras. We're adding questions about electric car charging points as we are putting in a grant application to install chargers at the Village Hall Car Park- this needs to be fully grant funded. It's important to know how many residents will use them as the chargers need to cover their running costs. For the third year in a row, we will be asking Norfolk Wildlife Trust to place a Portaloo on the beach for the summer months. We can't see any reason why this can't be done, but apparently it would be 'against their policy'. However, if we are as busy as we were last year with staycationers it is essential – otherwise the beach turns into a human toilet and is a real public health hazard.

We are meeting with the Norfolk Police Community Speedwatch team to discuss sites from which to operate and our team is undergoing training, so we'll be ready to operate when the roads get busier.

We're planning to buy the Telephone box in the High Street from BT for £1 and turn it into a tourist information kiosk with details of local shopping, eating, walks etc. If any of you local businesses have any ideas as to design, or flyers or posters we could use, please let us know. The box needs a lick of paint and we will be sprucing it up!

We are joining Norfolk County Council's initiative to plant a million trees in Norfolk over the next 5 years. If you have any suggestions as to where to plant trees in Cley, please do get in touch.

Cley Parish Council would like to extend its thanks to the two redoubtable litter pickers in the village who have worked ceaselessly during lockdown to tidy our verges. We are very grateful to you for your hard work. Perhaps next year, or even this, we'll take part in the Great British Spring Clean.

The Arcady appeal has been postponed as the parties are seeking mediation. We should have received a new Planning Application for the building by the time you read this which

can be commented on in the usual way. The Hangs footpath inquiry will be in the next few months.

Thank you again for your contributions to the Newgate Green improvement project; this has been set in motion for this spring.

Don't forget our new website! Check out www.cleypc.info for PC and village matters. Cley Parish Council Facebook page is also the place to check for news.

The next meeting is our Annual Parish Council meeting, preceded by the Annual Parish Meeting, is Tuesday, May 3rd 2021 at 6.30pm via Zoom. The Agenda will be published on the Notice Board and on the website, and you are very welcome to join us – you can phone in if you prefer. Contact details will be on the Agenda. Otherwise, please comment on or ask general questions about Agenda items before the meeting by getting in touch with the clerk or myself. Minutes are posted as usual on the website.

Dr Victoria Holliday, Chair
avictoriaholliday@icloud.com
07557054629

CLEY WI – REVISED PLANS FOR THE LIFTING OF LOCKDOWN

STOP PRESS

Still with great optimism and positivity (!) but now with changes to the arrangements published in the April GVN, our programme for June to December is set out below.

In June, we will meet in Brenda Pain's lovely garden for our first get-together since last year and we look forward very much to seeing you. Brenda will give her talk entitled 'My Mother's Drawers' which was on the programme for April last year and had to be postponed.

NB Membership subscriptions of £33, to run until April 2022, will be due at the June meeting. The Committee decided on a £10 reduction for this year instead of the usual annual subscription of £43.

In July, again by kind invitation of Brenda, we will hold our annual Strawberry Tea in her garden and then in August, to make up for all the months we have missed, we will meet at the NWT. The Trust has offered us the use of the Education Centre where we will be served refreshments, thus guaranteeing us somewhere comfortable to sit and enjoy the time together without having to queue in the café.

From September onwards, we should be back to meeting in Cley Village Hall as usual when the talks and activities arranged for the same period last year will take place this.

As I wrote last month, all these plans could be thrown into doubt if Covid infection rates start to rise again but we hope for the best and look forward very much to seeing everyone again and to the resumption of 'normal' life. As always, new

members are very welcome. For further information, please contact Sophie Archer, 01263 740225.

Alison Cole
on behalf of Cley WI Committee

Dates for your Diary (revised)

3 rd June	My Mother's Drawers - Hidden treasures	Blakeney
1 st July	Strawberry Tea**	Blakeney
5 th August	Visit to NWT** - Tea, cake, catch up	NWT
2 nd September	The Scullery Maid from Downstairs - Living history at Blickling Hall CVH	
7 th October	Paperbacks to first editions - A book lover's journey CVH	
4 th November	The Magic of Blakeney Point CVH - The wanderings of a naturalist	

Wiveton

St Mary's Wiveton EXCITING NEWS!!!

The Friends of Wiveton Church are launching the WIVETON CHURCH 200 CLUB as part of their ongoing fundraising programme.

Whether you are a resident of North Norfolk or a visitor and/or you love this jewel in the crown of Norfolk's heritage, this is an easy and fun way for you to support the church, help raise much-needed funds - initially to carry out the urgent repairs to the Chancel roof and subsequently for ongoing works to preserve the church for future generations - AND be in with a chance of winning every month!

For those who have not come across one before, a '200 Club' is a regular lottery which is usually run for some charitable purpose - in this case Wiveton Church. The Club is defined as a 'private lottery' under Section 4 of the Lotteries & Amusements Act 1976.

Why should I join?

To help raise money for this iconic church and because there is a good chance of winning one of the monthly cash prizes; a much better chance than on the National Lottery!

What does it cost to join?

Each number in the monthly draw costs £1 per month and there's no limit to how many numbers you can buy.

How are Subs collected?

Subscriptions will be collected by monthly bank standing order.

What are the Prizes?

Half the money in the monthly draw is paid out in cash prizes, the other half goes to the Church Fabric Fund. As an example, if we have 200 members the First prize will be £50 and the last (5th) prize £5.

How do I join?

If you would like to join and help to raise money for the Church, please contact either Anthea de Loynes or Charles Killin, who will send you a Membership Application Form with Standing Order Mandate:

Anthea de Loynes, Chair of the Friends: antheadeloynes@aol.com,
[07746 018310](tel:07746018310) or

Charles Killin, Treasurer:
charles.killin@fisherslaw.co.uk,
[07824 323180](tel:07824323180)

The first draw will take place in June 2021, so don't delay - get in touch now to be in with a chance of winning!

*Anthea de Loynes
Chair of Friends of Wiveton Church*

Glandford

There is no news from Glandford this month.

Letheringsett

There is no news from Letheringsett this month.

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Holt Library is open

We look forward to welcoming you back! You can follow our one-way system to browse the shelves, pre-order a selection of up to 10 books for adults for free through Select and Collect Use the online form at norfolk.spydus.co.uk or call 01603 774777. Collect reservations or borrow our Grab and Go selection book bags. Book one 60-minute session per day on a computer. To book a session or if you need any help using our computers or filling in your Census form, call 01603 774777. Collect Tricky Period products and Toiletries To Go. Return items through the drop box or self-service kiosks.

Download the FREE Spydus app to check out books on your smartphone.

Download eBooks, audio books, newspapers and magazines by visiting www.norfolk.gov.uk/libraries

We've made some changes to our opening hours

Monday: CLOSED

Tuesday: 10am – 2pm

Wednesday: 2pm – 6pm

Thursday: CLOSED

Friday: 10am – 2pm

Saturday: 10am – 4pm

Sunday: Closed

www.norfolk.gov.uk/libraries



Norfolk County Council

Community News

Norfolk Citizens Advice Grants for individuals Database

Norfolk Citizens Advice have launched their [Grants for Individuals in need database](#). The database is funded as part of the Coordinated Community Support Programme and is open access on the Norfolk Citizens Advice website. The database contains largely small local grant giving organisations that operate in Norfolk.

The webpage contains:

- Brief information on how to use the database
- A short video demonstration
- A tips document on maximising successful applications with hints and tips from grant organisation trustees
- A feedback link to report out of date information, suggest organisations to include, or just give feedback on your experience of using the database

Norfolk Citizens Advice has been running webinars on using the database, and if you weren't able to attend they can provide you with recording of one of the webinars, or the resources used so you can run your own in-house.

Contact Isobel Abbott at i.abbott@ncab.org.uk for further information.

*Isobel Abbott
Grant Researcher
07762 863081*

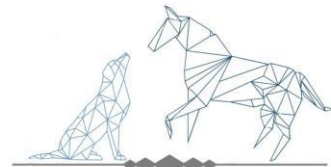
MUSIC IN THE GLAVEN VALLEY

From 17 May, live musical events will be allowed again - so Glaven Valley Concerts will swing into action to celebrate with a recital - 'Spring Songs' - given by Julian Godlee and Brenda Blewett on 21 & 22 May in Cley and Blakeney Churches (see poster). Julian and Brenda celebrated coming out of the last lockdown with 2 recitals in October which received wonderful feedback, and in collaboration with Tom Harrison and Home Stage, recorded Pieces of the Passion streamed on YouTube in Holy Week.

The May recitals will be restricted to 60 people in each to ensure safe distancing and must be booked in advance via glavenvalleychurches.org.uk/what's on.

Looking ahead, the violin and piano recital, with Ben Holland and Brenda Blewett, which was scheduled for April 1 last year is now finally able to take place on July 16th in Blakeney Church at 7pm and in Cley Church on July 17th in a St Margaret's Day celebration. More details to follow.

Meanwhile, both Cley and Wiveton churches are on the lookout for a grand piano for concert use. So, if you know of someone who has a surplus grand piano, please let us know at The Rectory! (01263 740686)



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- Pre/Post surgery
- Tendon/Ligament injuries
- Soft Tissue injury
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- Remedial home exercise plans

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Email. velocityvetphysio@gmail.com

Find out more @

www.velocityvetphysio.co.uk



National Association of
Veterinary Physiotherapists

Readers Letter's & Articles

Thank you! Blakeney Twelve

On a very personal note, I would like to thank the kindness and generosity of The Blakeney Twelve for their support during recent times. They are an amazing charity that really do make a difference and my family and I are very grateful for all they have done for us.

Sending individual thanks to each and every one of you.

Lorraine Nairn



We need YOU to help us keep our shops open and raise vital funds!

With many of our shop volunteers currently unable to lend a hand due to the pandemic, the number of hours' support we normally receive is down more than 50%.

We are facing a financial deficit over the next 12 months, following disruption to fundraising and retail, and at the same time our care and support is more important than ever as vulnerable families become exhausted from shielding.

It is very important we manage our retail activity back to sustainable levels of income, but we will not be able to do this without more volunteer support.

Might you be able to help? Just a couple of hours a week can make a difference.

There are so many ways you can support us, from sorting donations and dressing windows to running the till and listing items on our eBay shop, and we always guarantee a friendly welcome!

Why not pop in to your local EACH shop – we have 43 right across the region – chat to our team and arrange a taster session? Find out more about becoming a retail volunteer, including a full list of our shop locations and phone numbers, at www.each.org.uk/retail-volunteers.

Alternatively, please contact EACH Volunteer Services on 01223 205183 or at volunteerservices@each.org.uk.

RECIPE By Mary Norwak

EILEEN'S BROWNIES

Keen gardeners and cooks are always happily remembering their friends. That tiny cutting which grew into a magnificent shrub, that patch of snowdrops or that unusual geranium always gives pleasure as we remember the garden from which it came and the kindly friend who popped it carefully into a bag for us. In the kitchen among the heaps of cuttings, there are always the odd recipes in familiar handwriting on the backs of envelopes or pieces of headed paper which bring a smile to our faces as we think of hospitable meals shared over the years.

Eileen Parrindee might not have struck most people on first acquaintance as a cook. She was above all a great naturalist, a renowned birdwatcher and brilliant photographer, always knowledgeable and meticulous about her work. On the other hand, she loved entertaining, prepared food beautifully and had a clutch of excellent recipes. She produced the best Chocolate Brownies I've ever eaten, and they were often a feature of WI teas and she was very generous to share one of her star recipes with me.

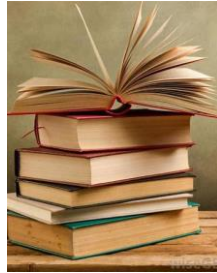
Brownies are American and a wonderful cross between cake, biscuit and sweetmeat. They rise in the tin and then subside to give a slightly crusty top. They are immensely "chocolatey", wonderful with tea, coffee or milk and great for filling up small boys. For a totally stunning pudding, you can serve them as a base for vanilla ice cream and if you are a chocoholic, you can top with chocolate sauce. In case you are worried about being "politically correct" remember that cocoa powder provides valuable iron and that raisins and nuts are good roughage. By the way, the recipe is exactly as written – Brownies have a high proportion of sugar to flour, which gives them their special texture.

3oz (75g) block margarine (melted)
2 eggs
½ teaspoon vanilla essence
8 oz (225g) granulated sugar
3 heaped tablespoons cocoa powder
2 oz (50g) plain flour
1 teaspoon baking powder
4 oz (100g) seedless raisins
4 oz (100g) chopped walnuts

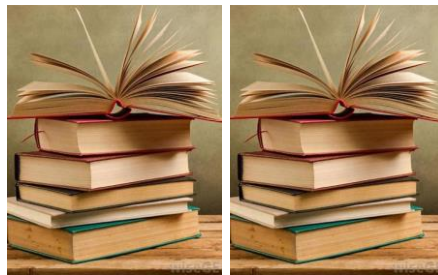
Stir together the sugar, cocoa, flour, baking powder until evenly coloured. Stir in the melted fat, eggs and essence until well mixed. Stir in raisins and nuts. Line 7 x 11 ins 917.5 x 27.5cm tin with foil (just press a piece into the tin with firmness to cover the base and sides). Put in the mixture, spreading lightly and bake at 350F/180C/Gas 4 for 30 minutes. Cool in tin and cut into squares.

BOOKS WANTED FOR CLEY BOOK SALE AUGUST 28TH -30TH

HAVE YOU BEEN DOING A LOCKDOWN CLEAROUT?



*WE ARE LOOKING FOR BOOKS IN GOOD CONDITION!
BEST SELLERS ARE BIRDS, GARDENING, WILDLIFE, CLASSICS AND
MODERN NOVELS - BUT ALL CONTRIBUTIONS GRATEFULLY
RECEIVED*



*WE'RE ALSO LOOKING FOR BOOKS FOR OUR RARITIES CORNER -
FIRST EDITIONS, SIGNED COPIES, RARE BOOKS - WE WILL GIVE
THEM A SPECIAL PLACE IN THE CHURCH AND ENSURE THEY FIND A
GOOD HOME!*

MANY THANKS

Please contact Hanne and Klausbernd on 01263740304

GLAVEN VALLEY CONCERTS

SPRING SONGS

Celebrating the return of live music with 2 spring song-cycles

Dichterliebe – Schumann

Let Us Garlands Bring – Finzi

plus seasonal songs to put a spring in your step.

Julian Godlee - bass

Brenda Blewett - piano

7pm Friday 21 May – Cley Church

7pm Saturday 22 May – Blakeney Church

Free admission – retiring collection

Advance booking only via Eventbrite.

Visit [glavenvalleychurches.org.uk/what's on](http://glavenvalleychurches.org.uk/what's%20on)

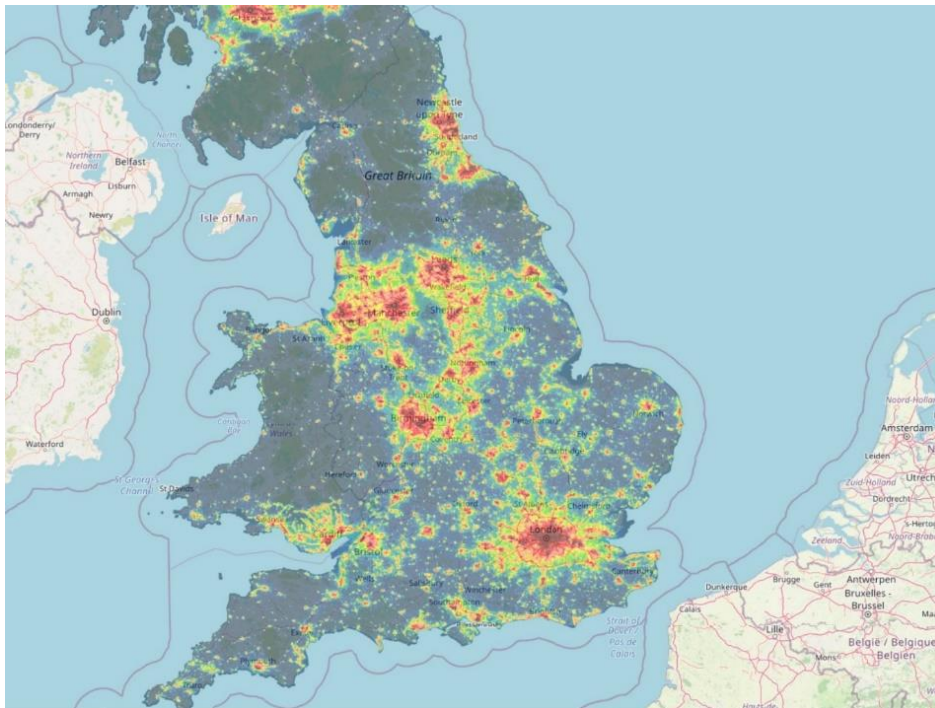
BLAKENEY & CLEY-NEXT-THE-SEA DARK SKIES POLICY

Blakeney and Cley-Nest-the-Sea in North Norfolk are small villages, at the heart of both is a Conservation Area. They are surrounded by the sea and open countryside much of which has AONB or SSSI status.



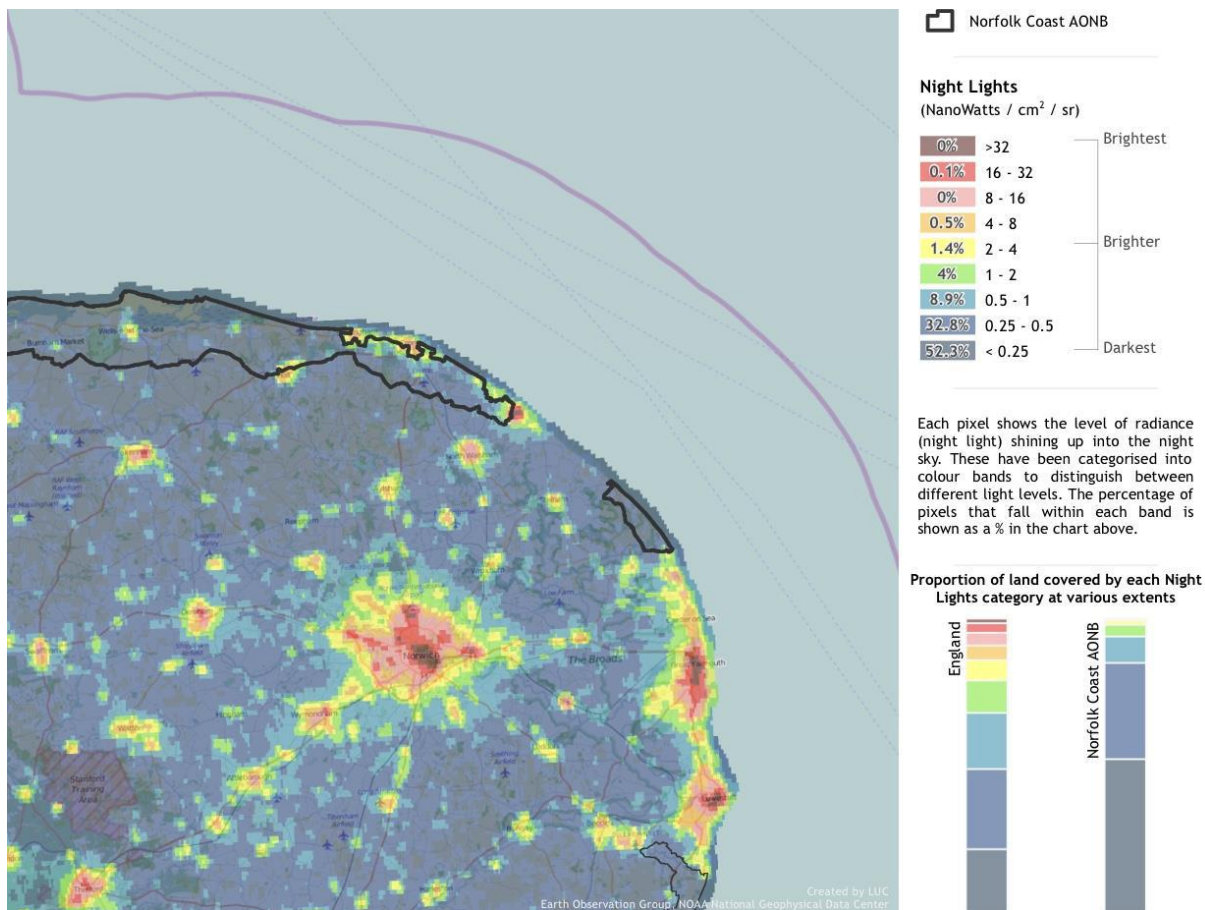
North Norfolk is the 15th darkest district in the country, and only just across the Glaven Valley is the Wiveton Downs Dark Sky Discovery Site, one of only a few in Norfolk, which provides special opportunities for people to enjoy the dark skies. Dark skies help the villages of Blakeney and Cley retain the rural character we all love and we want to play our part to preserve these. Over the years more light has been introduced into these villages as houses and businesses are renovated and enlarged with more windows, sky lights and outside lighting, which on occasion is overly bright, sometimes misdirected and not always carefully timed. Norfolk Coast Partnership have, as part of their 20-year vision that the area will be essentially unspoilt and with dark skies that show the richness and detail of constellations. Let's work with them to achieve this.

Norfolk is the eighth darkest county in England:



NightBlight map 2016 by the Campaign to Protect Rural England showing areas of more or less light pollution. The areas with the brightest light are shown in brown/red/pink; the darkest skies are blue/green; medium bright is yellow/orange.

North Norfolk is the 15th darkest district out of the 326 districts in England:



North Norfolk AONB on CPRE's NightBlight map 2016.

How can we keep it that way?

We need light

Artificial light is essential but it is important to get the right light in the right place and it to be used at the right time. Otherwise, potentially it becomes light pollution and annoys our neighbours, is harmful to wildlife and undermines our enjoyment of the countryside and dark skies.

But we need the right amount of light

Light pollution is artificial light which shines when neither wanted or needed:

- Skyglow, light glow from towns and cities;
- Glare or uncomfortable brightness of light source;
- Light intrusion or light spilling beyond the property where it is located.

Too much light can harm plants and animals

Plants and animals depend on Earth's daily cycle of light and dark to govern life sustaining behaviours such as breeding, feeding, sleeping and protection from predators. Artificial light disrupts this.

Plants are sensitive to different intensities and wavelengths and day length. Some animals are attracted to e.g., birds and insects and some avoid light e.g., bats.



How to avoid light pollution

When renovating or building a new property, lighting should be limited that necessary for security and consideration should be given to minimising light pollution from exterior lighting, large glazed areas and sky lights.

1. Only light what is necessary
 - a. Position lights and choose their distribution to avoid spill into sky and onto neighbouring properties
 - b. Shield your existing light fittings so light points downwards
 - c. Reduce or avoid lighting near or above horizontal to reduce skyglow
 - d. No not direct external lighting outside properties into others
 - e. Avoid floor lights and bollards as they are particularly confusing to wildlife
 - f. Avoid lighting trees which can disturb nocturnal wildlife
2. Use only the amount of light needed
 - a. Minimise wattage of LEDs which are pure white which is more destructive to wildlife (see table below)
 - b. Use reflectors or solar lights
 - c. Minimise use of skylights and glazed areas in buildings
 - d. Consider blinds etc to reduce light pollution from interior lighting

BRIGHTNESS IN LUMENS		220+	400+	700+	900+	1300+
	STANDARD	25W	40W	60W	75W	100W
	HALOGEN	18W	28W	42W	53W	70W
	CFL	6W	9W	12W	15W	20W
	LED	4W	6W	10W	13W	18W

Comparison of brightness of different bulbs

3. Use the right colour light
 - a. Use warm white rather than cool white as the former is better for wildlife's and our own circadian rhythms
4. Only light when necessary
 - a. Use motion sensor lights instead of having a light on all night
 - b. Ensure automatic security lights are not triggered by movement off your property
 - c. Choose to light your businesses just part of the night (not dusk to dawn)
 - d. Dim lighting at times of reduced need or increased wildlife sensitivity



BLAKENEY AND CLEY NEXT THE SEA DARK SKIES POLICY

In meeting Blakeney and Cley's needs for external lighting we will avoid causing a nuisance to others and upsetting the environment. This applies to existing lighting as well as that in renovations or new builds.

1. The Parishes will apply the CPRE light pollution clause to planning applications

We will apply the CPRE light pollution clause - which is as follows - to all our comments on planning applications:

'We request that any outdoor lights associated with this development should be

- 1. Fully shielded*
- 2. Directed downwards*
- 3. Switched on only when needed (no dusk to dawn lamps)*
- 4. White low energy lamps e.g., LED and not range or pink sodium sources'*

2. We will also ask these questions of planning applications

- a. Will any new developments or proposed changes to an existing site materially alter light levels in the environment and adversely affect the use or enjoyment of nearby building or open spaces?
- b. Does the proposed development include large horizontal expanses of glass?
- c. Is the development near a dark skies area or intrinsically dark landscape?
- d. Would new lighting have impact on road safety?
- e. Will a proposal have a significant impact on protected site or species?

3. We will ask our residents to make the Norfolk Coastal Partnership Dark Skies pledge

1. Get out there and enjoy the night skies
2. Light only what needs lighting
3. Use only the amount of light that is needed
4. Shield your existing light fittings (and direct them downwards)
5. Light only when you need it (install motion sensors)
6. Use reflectors or solar lights
7. Use blinds and shades to minimise light pollution from interior lighting
8. Tell your friends and neighbours
9. Encourage or support improved or reduced street lighting (if not in Cley, in neighbouring villages)
10. Contribute to the planning process and encourage better design in new development

Blakeney and Cley Parish Council February 2021

**** For clearer images, please visit GVN Online where these can be seen in colour****

<https://glavenvalleynewsletter.weebly.com/>

May Sudoku: Easy

							2	
	8	1	6	4	7			5
	7		9	2				
				1			4	
5					4	2	6	
		8				5	3	
	1	9	7				5	
3		7				6	1	
	5			6				

Fill the grid so that every row, every column and every 3x3 box contains the numbers 1 to 9

Hard

			2	5				
4								2
		3				8		
	9						7	
			9	6	3			
	5			1			6	
	8	7				5	3	
		9	8		7	2		
			3	2	6			

Fill the grid so that every row, every column and every 3x3 box contains the numbers 1 to 9.

Medium

							5	
	1	2	3				6	4
					9	2	8	
		8			1	3	4	
			8		7			
	2	9	6			5		
	4	3	5					
5	6				8	1	9	
	8							

Fill the grid so that every row, every column and every 3x3 box contains the numbers 1 to 9.

Wordsearch May 2021

Q U E R T U S A S B A C E R K
 S U T P Y L A C U E E S D E R
 S M V P E A R N N F H T H H G
 L U P L S L R C I Y U T U E H
 G H G I V O A H X O B Z G L V
 P W K E H Z J E A A U B C J A
 E Y O T A S A R R K F E X P X
 W T W O S T U R F W O L L I W
 O A W V X N A Y P H G P K W I
 H X G I J A O R J B Y A B O S
 R H L A G Z U A C V S M D A S
 M A C T R N J W Y P N X N A Z
 S O D R U T B X O P O V C P Y
 Q U G S I D W C P H X P R Q G
 N G G V X B T C P W L R G A X

ACER, ASH, BETULA, BIRCH
 CHERRY, CRATAEGUS, EUCALYPTUS
 FRAXINUS, HAWTHORN
 MAPLE, OAK, PRUNUS
 QUERTUS, SALIX
 WILLOW

CLEY ALLOTMENTS AVAILABLE!



*INTERESTED IN HAVING YOUR OWN HOME GROWN
VEGETABLES OR GROWING YOUR OWN FLOWERS?*

ENJOY FRESH AIR AND EXERCISE?



CLEY PARISH COUNCIL HAVE PLOTS FOR RENT!

PLEASE GET IN TOUCH WITH CLERK

clerk.cley@gmail.com

QPR Gatekeeper Training for Suicide Prevention



The Lighthouse Project is supported by Norfolk County Council's Public Health Department and Norfolk's Clinical Commissioning Group and has been created as a result of a great need for suicide prevention support in Norfolk. It provides free support and training to V.C.S.E's (Voluntary, Community and Small Enterprises) that support communities in and around North and East Norfolk area. (There is a small charge for those outside of this remit)

Areas of support include;

- FREE in person or online training in suicide awareness and intervention skills for volunteers, small charities and businesses in the North and East of Norfolk.
- Free Mental Health/Suicide intervention skills & awareness training, advice and support when setting up an informal local support group
- Includes provision of information pack/leaflets, directory of referral resources

Free Training - QPR (Question, Persuade, Refer) is for anyone looking to raise their awareness around the subject of suicide and who would like to learn the skills to support someone in a crisis. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. QPR is the most widely taught prevention training in the world.

Advice & Support – Do you currently or are you thinking of setting up an informal support group? Our suicide prevention facilitator can provide guidance, training, resources and support in setting up a group.

Key components covered in QPR training:

- How to Question, Persuade and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behaviour
- The warning signs of suicide
- How to get help for someone in crisis
- Includes FREE Certification valid for three years
- Over 2,500,000 people trained worldwide.

Upcoming online QPR course dates

12th Apr - 10:30 till 11:30
19th Apr - 10:30 till 11:30
28th Apr - 10:30 till 11:30
3rd May 10:00 till 1:00pm
20th May 10:00 till 1:00pm
24th May 10:00 till 1:00pm
7th June 10:00 – 1:00pm

17th June 10:00 – 1:00pm
24th June 10:00 – 1:00pm
29th June 10:00 – 1:00pm
12th July 10:00 – 1:00pm
21st July 10:00 – 1:00pm

e. lighthouse.project@norfolkandwaveneymind.org.uk
t. 0300 330 5488
www.norfolkandwaveneymind.org.uk

Norfolk and Waveney Mind is a registered charity - No. 1118449

